

Health Care Worker Talked About Weight Gain During Prenatal Care Visit*

2012 Maine Pregnancy Risk Assessment Monitoring System Survey Results

Demographic Groups		No		Yes	
	Population	%	CI	%	CI
Total	12,692	24.9	21.2 - 28.9	75.1	71.1 - 78.8
Age					
<20 years	799	36.0	21.5 - 53.8	64.0	46.3 - 78.6
20-24 years	2,971	24.0	17.2 - 32.4	76.0	67.6 - 82.8
25-34 years	7,233	25.0	20.3 - 30.5	75.0	69.5 - 79.8
35+ years	1,689	19.5	11.5 - 31.1	80.5	68.9 - 88.6
Mother's Race					
White	11,875	25.4	21.6 - 29.5	74.6	70.5 - 78.4
Black	414	#	# - #	#	# - #
Other	390	0.0	0.0 - 0.0	90.7	56.0 - 98.7
Hispanic Origin					
No	12,481^	24.7	21.0 - 28.8	75.3	71.2 - 79.0
Yes	202^	#	# - #	#	# - #
Education					
< High School	1,225	30.2	18.6 - 45.1	69.8	55.0 - 81.4
High School	4,005	25.6	19.3 - 33.2	74.4	66.9 - 80.7
> High School	7,396	23.6	19.0 - 28.8	76.4	71.2 - 81.0
Marital Status					
Married	7,403	23.0	18.5 - 28.2	77.0	71.8 - 81.5
Not Married	5,289	27.0	21.3 - 33.5	73.0	66.6 - 78.7
Income					
\$14,999 or less	3,749**	31.4	24.2 - 39.7	68.6	60.3 - 75.9
\$15,000-24,999	1,942**	28.4	19.5 - 39.5	71.6	60.6 - 80.5
\$25,000-49,999	2,395**	24.0	16.6 - 33.5	76.0	66.5 - 83.5
\$50,000 or more	3,583**	15.2	10.4 - 21.6	84.8	78.4 - 89.6

Enrolled in WIC							
No	6,668**	23.9	19.2 - 29.3	76.2	70.7 - 80.8		
Yes	5,439**	25.2	19.8 - 31.5	74.8	68.5 - 80.3		
Enrolled in MaineCare/Medicaid							
No	5,080**	20.4	15.6 - 26.3	79.6	73.7 - 84.4		
Yes	7,170**	28.1	23.0 - 33.7	71.9	66.3 - 77.0		
Infant's birth weight							
<2500 grams	848	19.1	15.2 - 23.8	80.9	76.2 - 84.8		
2500 grams or more	11,838	25.2	21.3 - 29.5	74.8	70.5 - 78.7		

NOTES:

Population size for groups giving birth in Maine are taken from the Maine Vital Statistics System unless otherwise noted.

Unknowns are excluded from all tabulations.

* *Survey Question 23a: During any of your prenatal care visits, did a doctor, nurse, or other health care worker talk with you about how much weight you should gain during your pregnancy?*

** Estimates of the population size for this group giving birth in Maine are made through PRAMS.

^ Estimate of Hispanic population giving birth in Maine is taken from the 2012 birth file.

There were fewer than 10 survey respondents to this question. Data may be unreliable for describing this group, therefore percent is not reported.

CI = 95% Confidence Interval

Maine Department of Health and Human Services
Data, Research, and Vital Statistics